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Humanities 6C

My Learning style Essay

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I have plenty of learning styles. Some include, needing food, being visual or auditory, taking breaks, reading silently or orally, needing quite or noisy, being tactual, needing light, and more. I think learning styles are important, because they can help you learn well. It is also important to know other people’s learning styles because you can help others to learn more comfortably, or vise versa, meaning, it is important to have others to know your learning styles so you can depend on learning comfortably too.

If I were to choose between visual or auditory, it would depend on the subject. If it were math, I need to be able to see it. If it were social studies, I am able to hear it without having to see the work in order to take it all in. For me, social studies is not a subject I need to visualize. Math has to do with numbers, so therefore I need to visualize it. Visualizing helps me look at the way the operation is done. In social studies, listening helps get all the details.

I am more of a tactual learner than a kinesthetic learner. If I have to, I can learn kinesthetically. But I prefer tactual learning, because I get to feel what you are learning about so, you remember what you learned about. You get to construct a project on what you are learning, so you remember it. Like once I built a paper model of the human heart, and remembered all the places of the heart.

For me, reading in light or dark doesn’t matter. Light is good for writing. Natural light calms me. For me, lighting doesn’t matter. In light, you can see your writing. In midlight, I like to read. Midlight creates a mood. I can also read in natural light. Reading by a window with light is calming too.

I can work in quiet or noisy volume. Noise doesn’t distract me, but I prefer quiet. Quiet seems to stimulate my brain. Noisy music/volume doesn’t bother me. Quiet is a calming and concentrating mood. Most people can’t concentrate in noisy, but I don’t mind. I am able to listen to music and do my work at the same time.

I prefer a cold to a warm room. Cold is refreshing. Cold keeps me refreshed and ready for my work. I don’t like sweating, because it distracts me. I prefer cold.

I think food and drink helps a lot. This is because if me if stomach is growling, it distracts you from your work. Food will keep you and your stomach satisfied. A drink will keep my mouth moist. I prefer food/ drink. For me, I focus better when I am full.

Moving breaks are important because when I sit for a long period of time, I take in so much information, I forget most of it. When I move around a lot, I have more time to think about what I learned. When I sit for a while, I tend to get bored and don’t pay a lot of attention. Moving gives me a break and time to relax.

I like silent reading more than oral reading. This is because when I read silently, I can focus and picture the book in my head. When the class orally reads, I have a hard time picturing the book in my head. I can go at my own pace when reading silently. When reading orally, I have to stay at the other people’s pace, not mine. I like silent reading.

My learning styles report, it was totally right when it said that, I prefer cool that I learn by touching and need intake. It was wrong when it said, I liked bright light, I don’t learn best by seeing and it doesn’t matter between informal or formal seating.

I and many others agree learning styles are important. Learning styles help others be comfortable while learning. Learning styles let others try their best and work hard. Everyone has their own learning styles. As you can see, one of my learning styles is needing food and or drink. This is important to know because I need to learn comfortably.